

# Clothing and Equipment List

---

A soft sided duffel bag is the preferred choice for packing clothing and equipment for camp. Please have your child help pack her clothing and equipment. This way she will know what she has with her and where it is located. Please be sure that each item is clearly marked with the campers name.

*Do not send money, valuables or irreplaceable items.*

*Remember **NO** candy, gum or other food is allowed. It attracts small animals.*

**No radios or music players, hairdryers or curling irons. No cell phones – no reception!**

\_\_\_\_\_ Prescription Medicine (In its original container) Will be given to nurse.

\_\_\_\_\_ Please leave all vitamins & non-essential medicine at home

\_\_\_\_\_ **Durable Water Bottle – Essential!**

\_\_\_\_\_ **Backpack Essential!** – to use daily for swim gear and extra clothes

\_\_\_\_\_ **Pillow. Small extra blanket (optional)**

\_\_\_\_\_ **Small stuffed animal as a night friend (optional)**

\_\_\_\_\_ **Warm sleeping Bag – no slumber bags**

Place these items in a black plastic trash bag marked with camper name

\_\_\_\_\_ Beach and Shower towels – more than one

\_\_\_\_\_ Washcloths

\_\_\_\_\_ Personal items: Toothbrush & paste, brush, soap, lotion, sanitary products, chap stick, sunscreen & hair ties

\_\_\_\_\_ Insect repellent (non aerosol) 30% Deet recommended

\_\_\_\_\_ Undergarments

\_\_\_\_\_ Jeans or long pants

\_\_\_\_\_ T-shirts or tops

\_\_\_\_\_ Socks – lots

\_\_\_\_\_ Pajamas – warm but not footed

\_\_\_\_\_ Shorts

\_\_\_\_\_ Swimsuit or two – these may not dry out between wearings

\_\_\_\_\_ Raincoat or poncho

\_\_\_\_\_ Sweatshirt or sweater

\_\_\_\_\_ Warm jacket

\_\_\_\_\_ Flashlight, extra batteries and bulb

\_\_\_\_\_ Stationery, stamps, pen or pencil

\_\_\_\_\_ Dunk bag ( a nylon net bag with drawstrings) including plastic plate, bowl, cup and metal silverware (**No Styrofoam**)

\_\_\_\_\_ Shoes – 2 pair **No sandals, backless shoes or shoes with straps**

\_\_\_\_\_ Camera and memory card - optional